

Levenseinde^{KLINIEK}



The End-of-life-clinic

Steven Pleiter, Managing director | Levenseindekliniek

Amsterdam

May 12, 2016



LevenseindeKLINIEK

End of life clinic

1. The initiative and experiences of 4 years
End-of-life clinic
Steven Pleiter | Managing director
2. Legal en moral dilemmas with euthanasia at the
End-of-life clinic
Jenne Wielenga | Clinical heamatologist
3. Psychiatry and euthanasia
Paulan Stärcke | Psychiatrist

End-of-life-clinic



Levensendekliniek 4 years

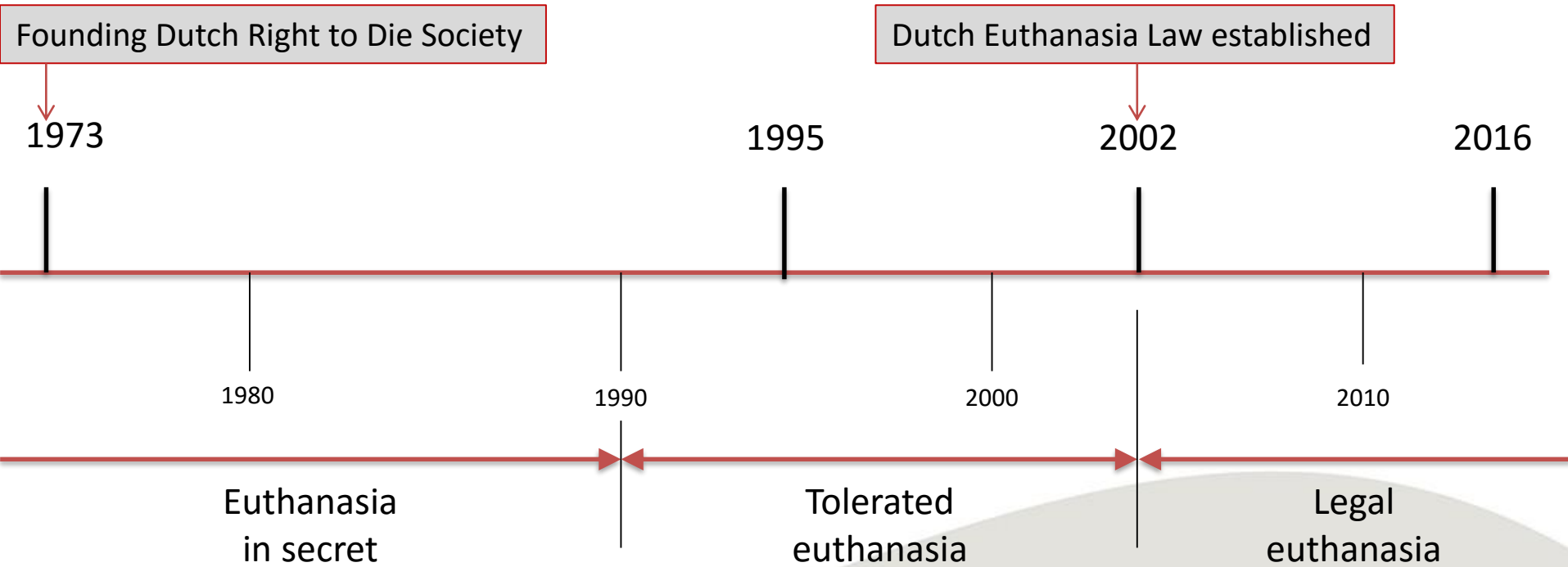
- Levensendekliniek organization of over 100 (parttime) employees
- Over 4,000 requests for help
- 900 Assisted dying requests granted + 150 by the patients General Practitioner

Subjects

1. Levenseindekliniek: The Initiative
2. Levenseindekliniek: Facts
3. Levenseindekliniek: Status

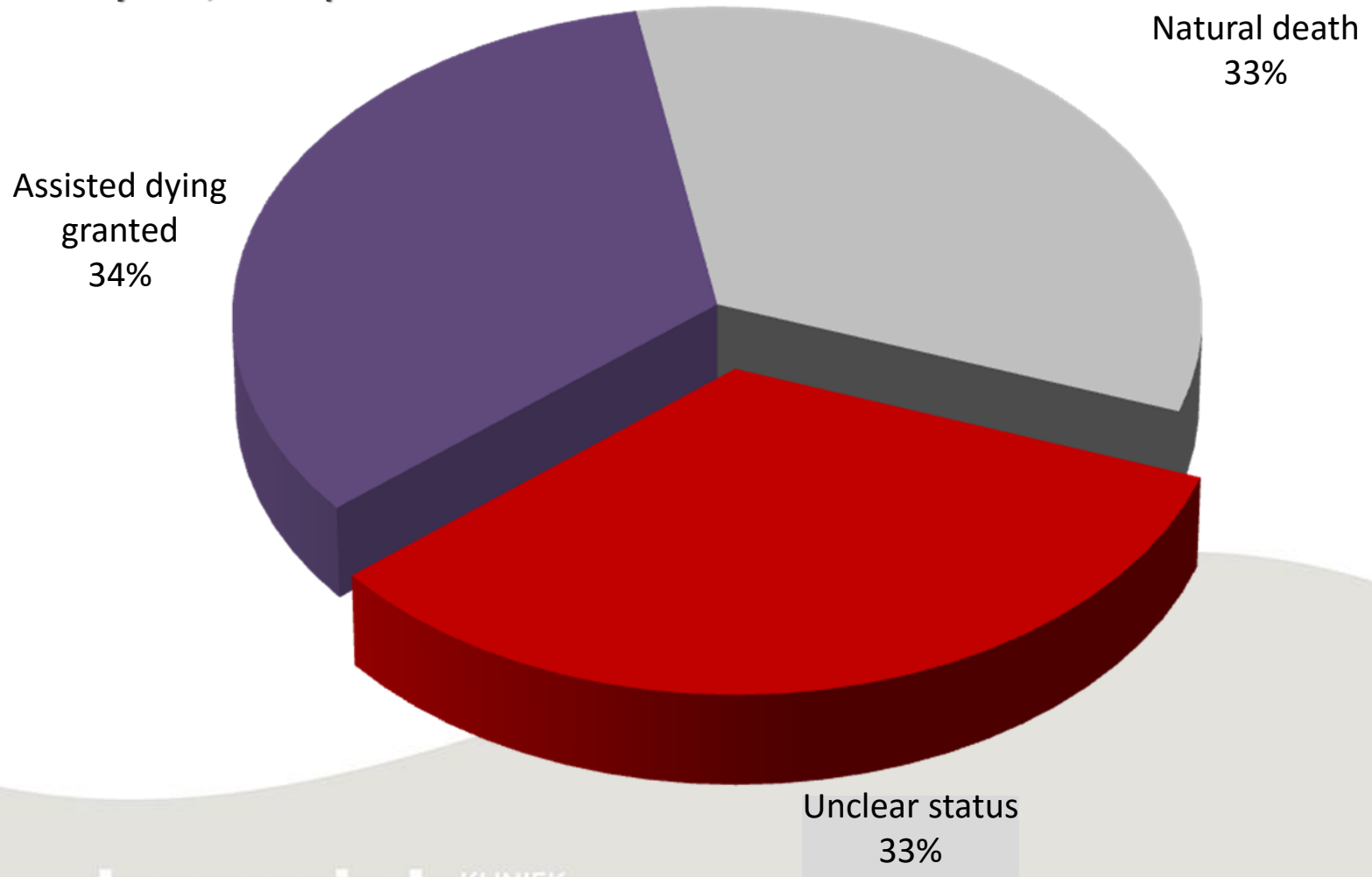
The End-of-life-clinic initiative

History



Doctor-assisted dying in the Netherlands

Annually: >15,500 requests





Dutch Right to Die society

- Founded in 1973:
- > 160.000 members (1% of population)



Levenseinde^{KLINIEK} founded by the NVVE

- 2010: Feasibility study End-of-life clinic
- 2011: September 01: Project start
- 2012: March 01: Effective start of the End-of-life clinic

Mission Levenseindekliniek

Help to people with an

actual doctor assisted dying request,

that meets the statutory criteria and

that can not be helped by their own doctor.

Core values

- Careful & accurately
- Integer
- Co-operative
- Legaly
- Transparent
- Assessable



Levenseinde^{KLINIEK}

- No actual clinic
- Network 47 teams each consisting of physician & nurse
- Support office in the Hague

End-of-life-clinic 'process':



1. Application



2. Triage

End-of-life-clinic 'process' - 2:



3. Research by team

4. Independent consultantation

End-of-life-clinic 'process' - 3:



5. Multidisciplinary consultation



5. Perform euthanasia

End-of-life-clinic 'process' – 4:



7. Review



8. Evaluation

Facts & Figures

of 4 years of End-of-life-clinic

Our teams:

- **Physicians** (47x)

- 18x General practitioners (partly NP)
- 10x Specialist in geriatric medicine
- 5x Psychiatrist
- 9x Medical Specialist
- 5x Physician

NB: 25 physicians are also SCEN physician

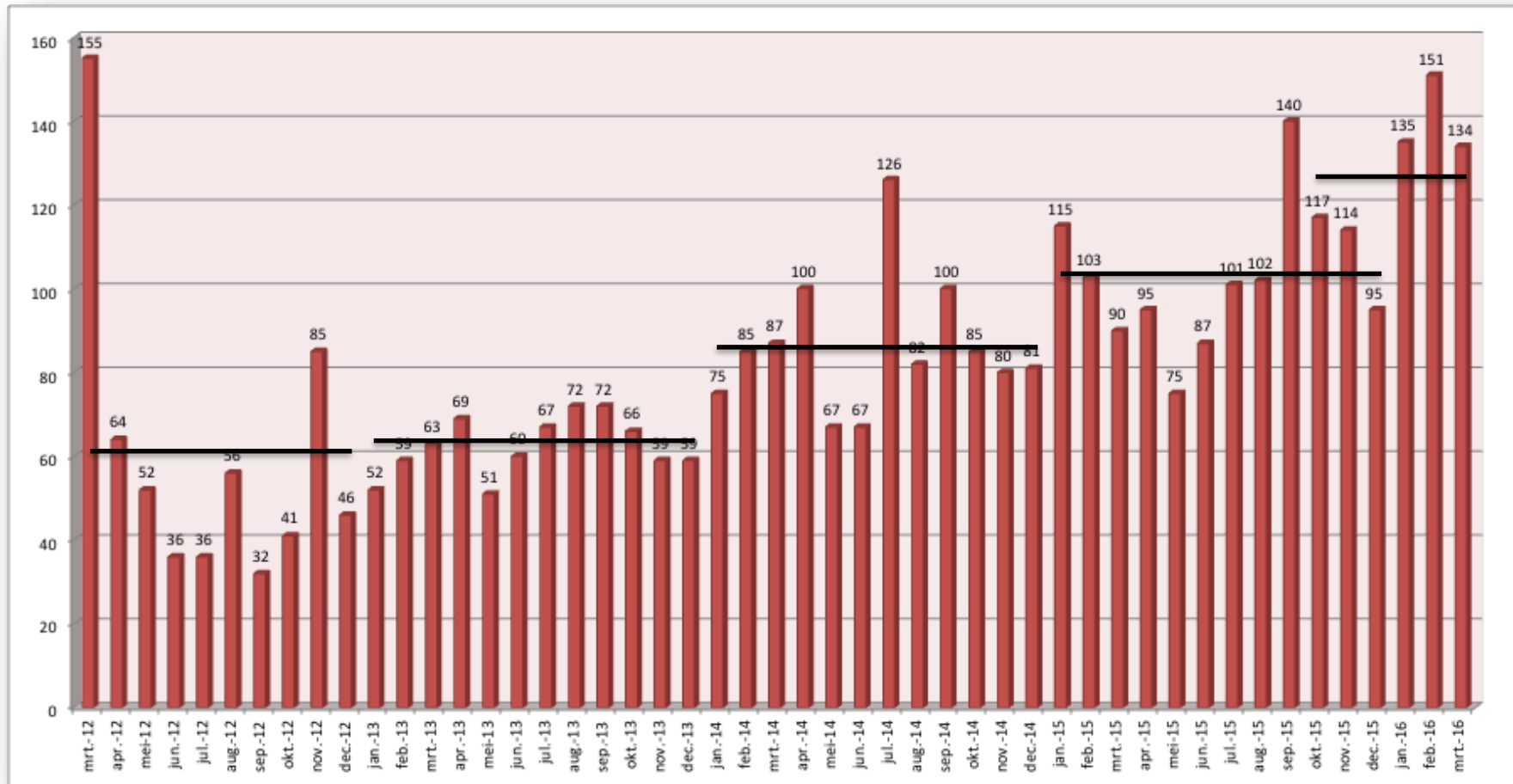
- **Nurses** (39x)

- 16x Psychiatric Nurse
- 19x Nurse general
- 4x Nurse terminal care / technical team

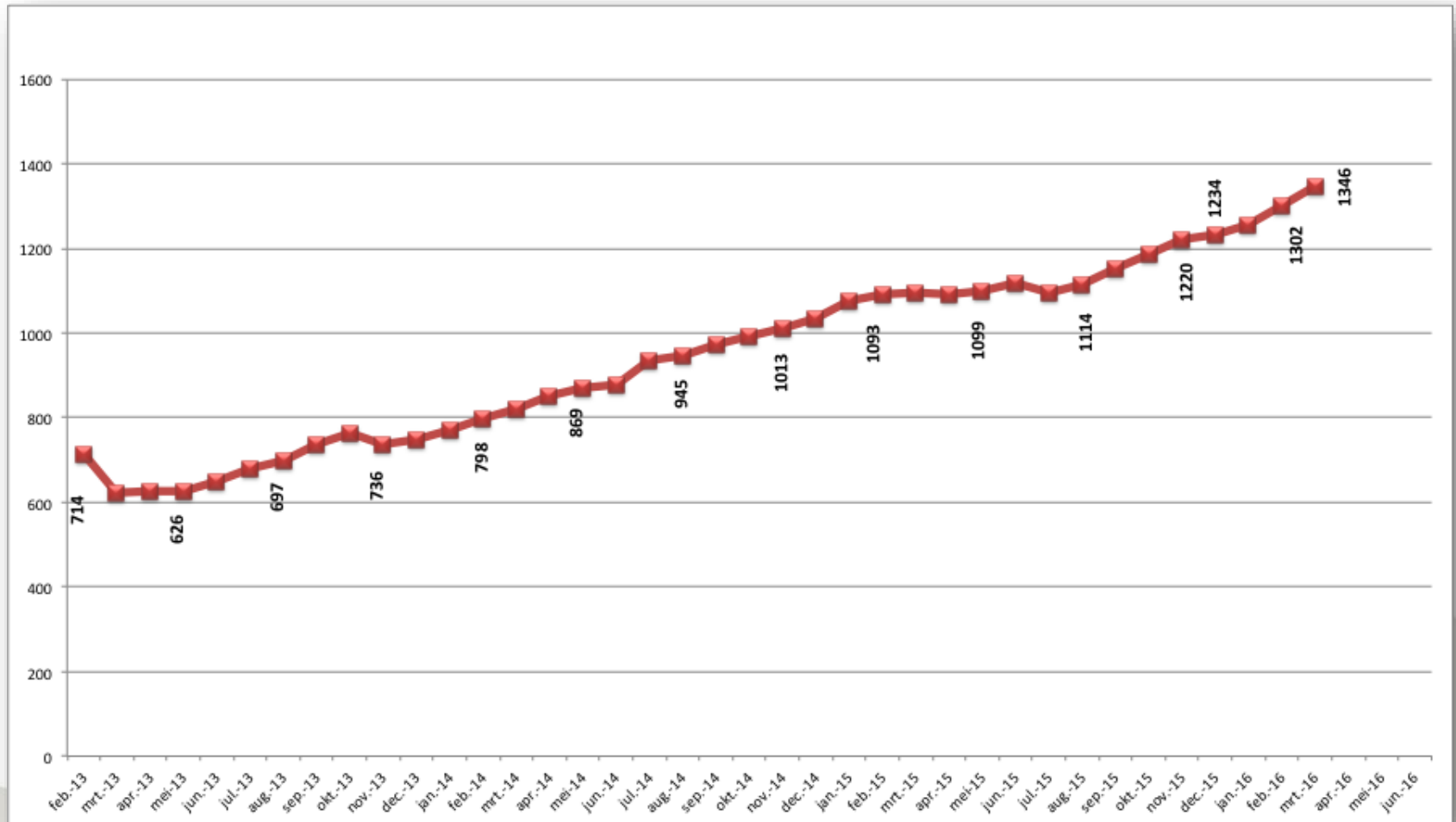
All-in part-time employment (8 hrs /week)



Applications



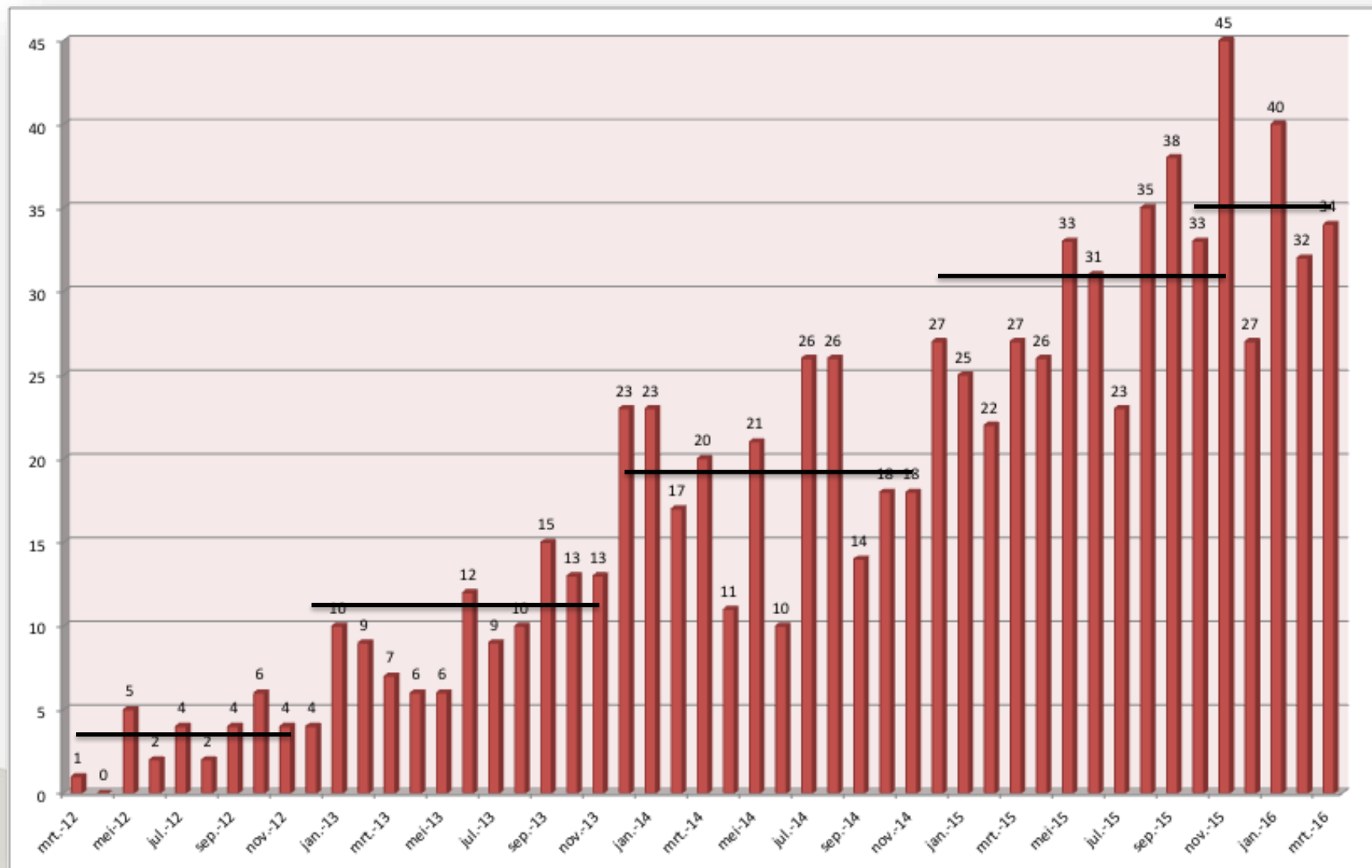
Applications (12 months totals)



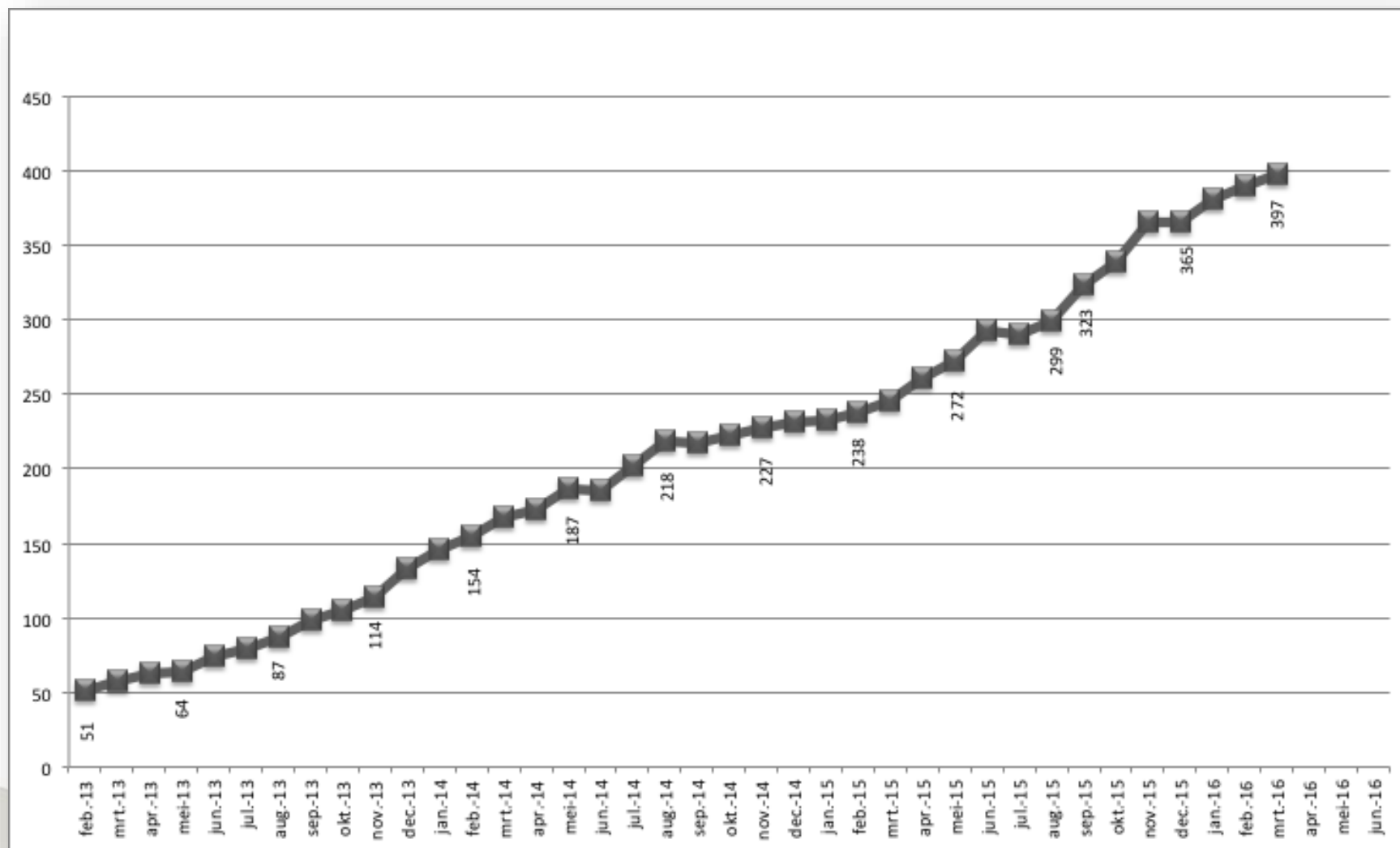
Applications by diagnosis

- 33% Psychiatric diseases
- 7% Dementia
- 7% Elderly, without clearly defined diagnosis
- 20% Cancer
- 33% Other somatic diseases

Honored requests



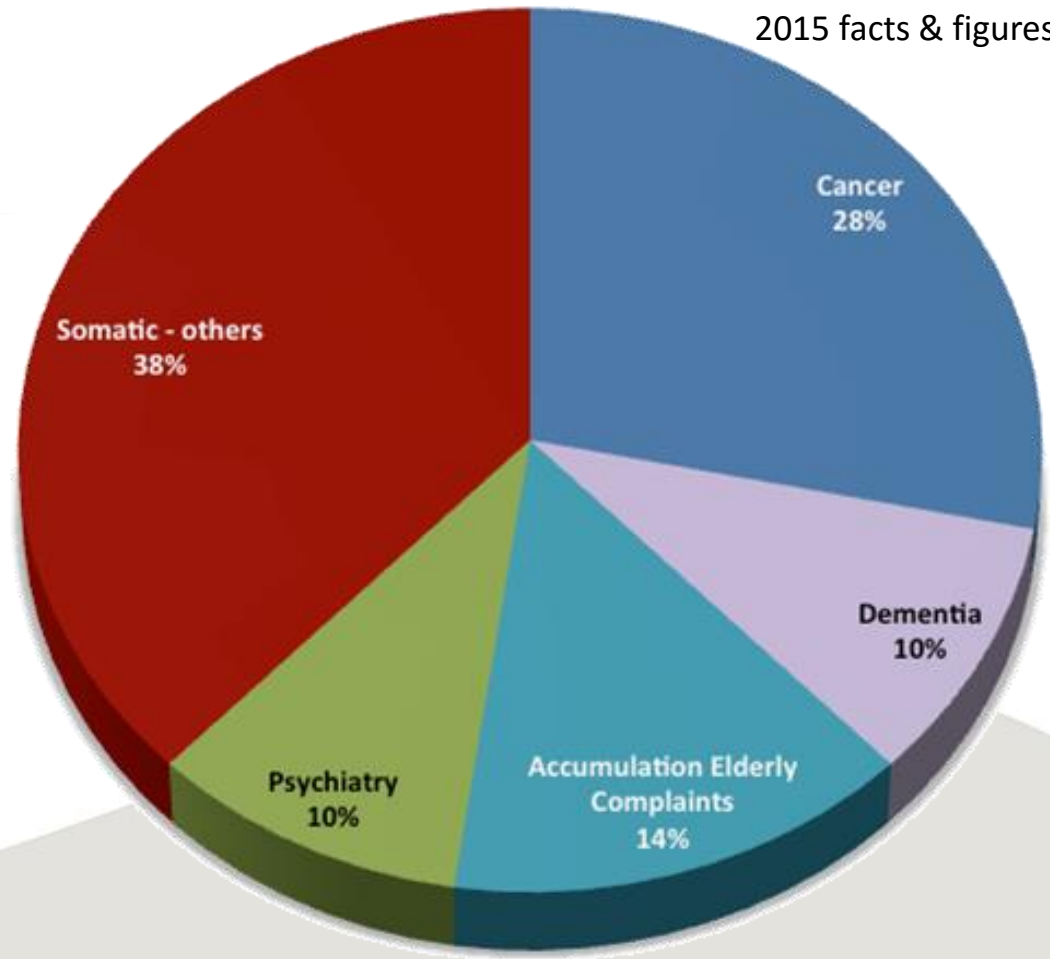
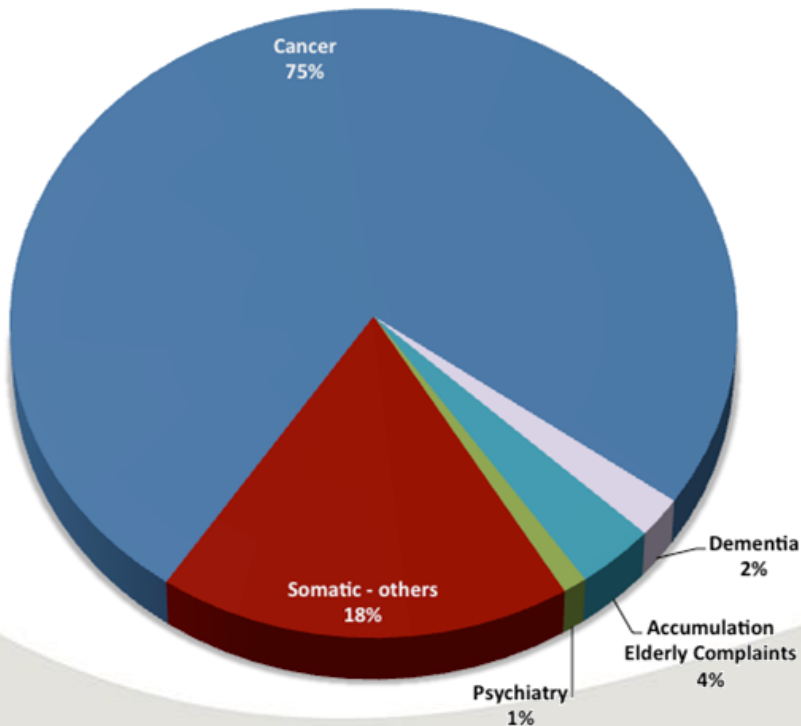
Honored requests



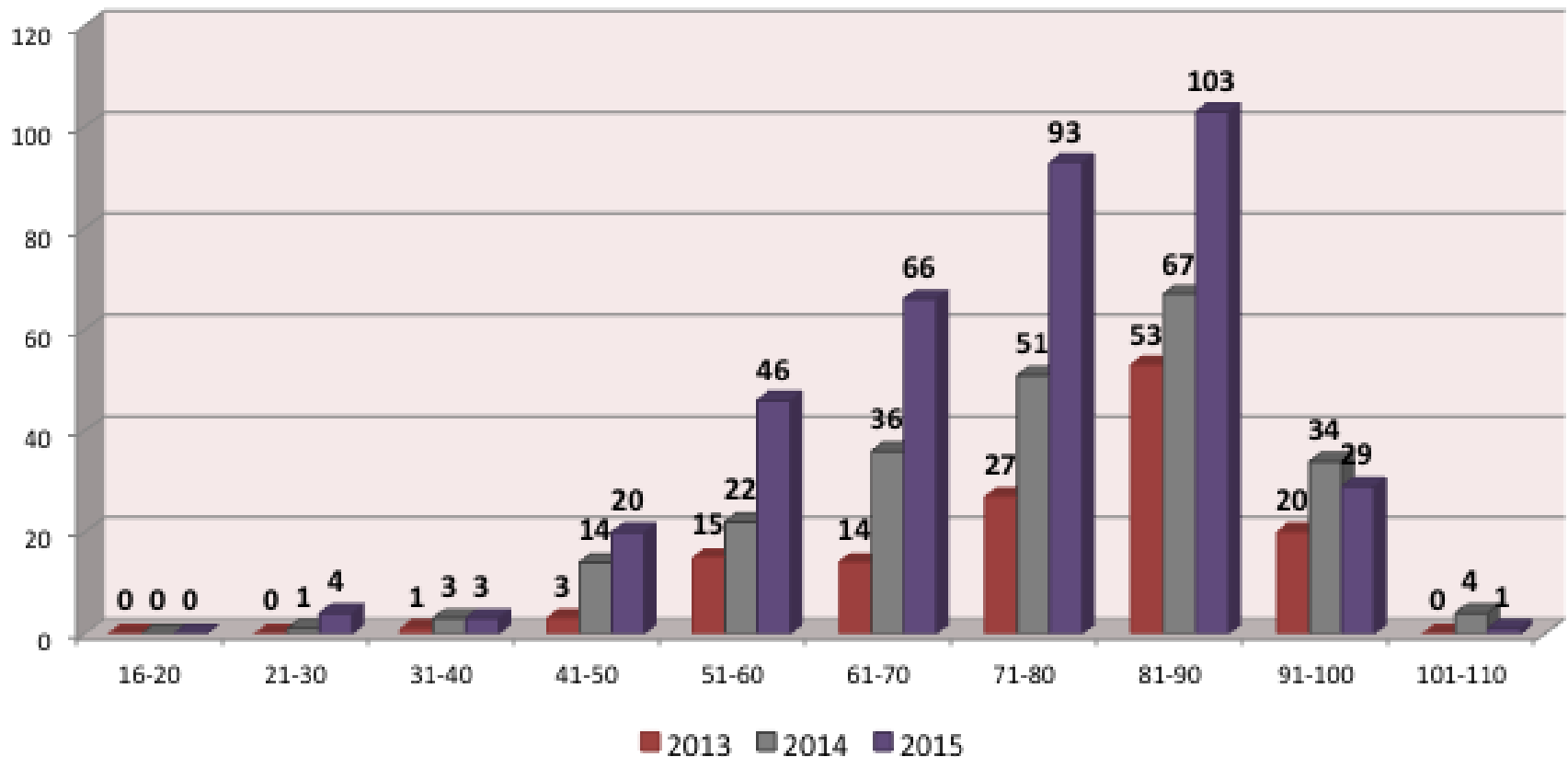
Honored requests | diagnosis (2015)

End-of-life-clinic
2015 facts & figures

Netherlands:
Reports @ review committees



Age @ doctors assisted death

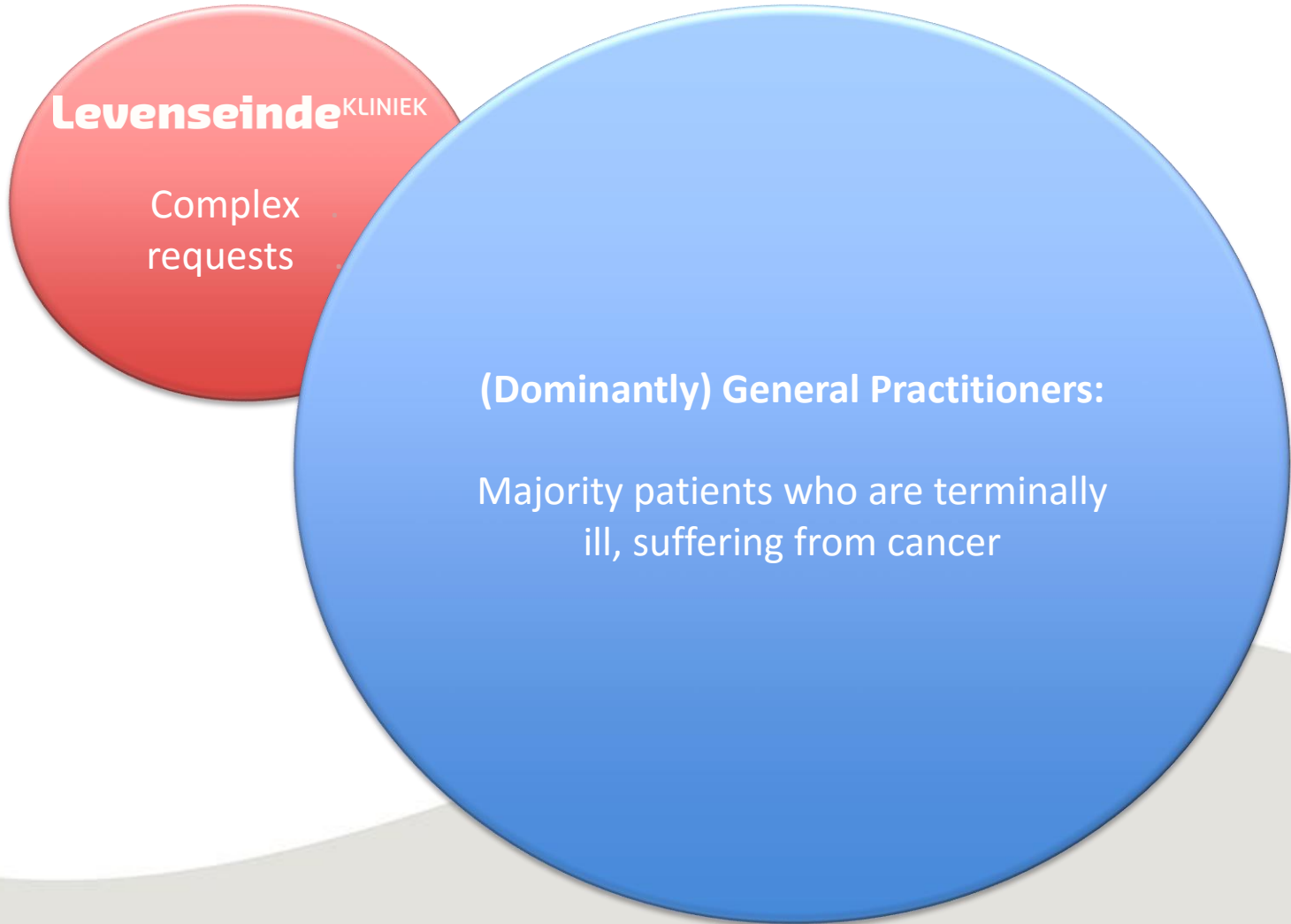


Levenseinde^{KLINIEK}

➤ Status



Positioning the End-of-life-clinic





Our future

1.

Help patients when their doctor is unable to do so

2.

Support doctors, who are willing to help and learn

3.

Develop teaching materials

4.

Develop practical training facilities for new doctors

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Steven Pleiter, Managing director | Levenseindekliniek

Masterdam

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